SQUAD CRITERIA
DEVELOPMENT SQUAD

8 years + (guidance only)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6.00-7.00pm SVS			6.00-7.00pm SVS			5.00-6.00pm MLC

OVERVIEW AND OBJECTIVES

- Swimmers are working towards achieving the Swim England Club Awards.
- To create skills in all four disciplines in preparation for competitive swimming and the training requirements of the subsequent competition squads.
- Identifying swimmer potential.
- Swimmers will be invited to participate in club-based events.
- **3 hours** of pool training sessions are available each week.

COMPETITIONS

Swimmers are expected and encouraged to compete at the following events throughout the season where applicable or advised by their coach:

- Time Trials
- Club Championships

AIMS, COMMITMENT AND ATTITUDE

- Swimmers **MUST** maintain **a minimum attendance of 2 hours per week at training sessions.**
- Swimmers are aiming to achieve personal best times.
- Swimmers must be capable of maintaining their training levels at all sessions.
- Swimmers are expected to show a commitment to their on-going development and training, and swimming as a sport, along with a desire to improve and progress to the next level.
- Swimmers are expected to be respectful to other club members, coaches, volunteers and officials.
- Exemplary behaviour is expected and swimmers must abide by the 'Club Code of Conduct' on the understanding that they are representing the club at all times.

Swimmers may be invited, at any time during the year, by the Head Coach to join this squad based on the selection criteria above. It must be understood that there is no right to a place based on any criteria other than those detailed above. Any final decisions on session allocation, lane placement or squad movement will always be at the discretion of the Squad and/or Head Coach.