Kent Swimming Championships 2020

Individual Event Programme

LAC

Saturday, 18 January 2020 — Sunday, 19 January 2020

Warm Up Time: 9am

Session 1	101	Mixed 1500m HDW	Session 4	201	Mixed 800m HDW
	Presentation			Presentation	

Warm Up Time: 12:00 pm

Session 2	130	Boys 100 Breast Heats	Session 5	230	Boys 100 Fly Heats
	131	Girls 200 Fly HDW		231	Girls 200 Breast HDW
	132-138	Boys 100 Breast Finals		232-238	Boys 100 Fly Finals
	Presentation			Presentation	

Warm Up Time: 3:00 pm

Session 3	150	Girls 100 Fly Heats	Session 6	250	Girls 100 Breast Heats
	151	Boys 200 Breast HDW		251	Boys 200 Fly HDW
	152-158	Girls 100 Fly Finals		252-258	Girls 100 Breast Finals
	Presentation			Presentation	

Crystal Palace

Saturday, 25 January 2020 — Sunday, 26 January 2020

Warm Up Time: 11am

Session 7	301	Boys 400 IM HDW	Session 10	401	Girls 400 IM HDW
	302	Girls 150 IM HDW		402	Boys 150 IM HDW
	Presentation			Presentation	

Warm Up Time: 1:00 pm

Session 8	330	Girls 100 Back Heats	Session 11	430	Boys 100 Back Heats
	331	Boys 200 Free HDW		431	Girls 200 Free HDW
	332-338	Girls 100 Back Finals		432-438	Boys 100 Back Finals
	Presentation			Presentation	

Warm Up Time: 4:00 pm

Session 9	350	Boys 100 Free Heats	Session 12	450	Girls 100 Free Heats
	351	Girls 200 Back HDW		451	Boys 200 Back HDW
	352-358	Boys 100 Free Finals		452-458	Girls 100 Free Finals
	Presentation			Presentation	

Crystal Palace

Saturday, 1 February 2020 — Sunday, 2 February 2020

Warm Up Time: 11am

Session 13	501	Girls 200 IM HDW	Session 16	601	Boys 200 IM HDW
	502	Boys 400 Free HDW		602	Girls 400 Free HDW
	Presentation			Presentation	

Warm Up Time: 2:15 pm

Session 14	530	Girls 50 Back Heats	Session 17	630	Boys 50 Back Heats
	531	Boys 50 Fly Heats		631	Girls 50 Fly Heats
	532-538	Girls 50 Back Finals		632-638	Boys 50 Back Finals
	539-545	Boys 50 Fly Finals		639-645	Girls 50 Fly Finals
	Presentation			Presentation	

Warm Up Time: 5:00 pm

Session 15	550	Boys 50 Breast Heats	Session 18	650	Girls 50 Breast Heats
	551	Girls 50 Free Heats		651	Boys 50 Free Heats
	552-558	Boys 50 Breast Finals		652-658	Girls 50 Breast Finals
	559-565	Girls 50 Free Finals		659-665	Boys 50 Free Finals
	Presentation			Presentation	